

**Brave Hearts  
Bold Minds**



**The Scots College**  
Sydney Australia



Glengarry

**Glengarry**

**The Scots College Outdoor Education Program**

“ Glengarry is a very special place. Both my sons thrived under the care and guidance of the wonderful staff, relished the comradery, surmounted challenges, accomplished new skills, and stepped bravely outside their comfort zones. They returned fitter, bolder and with a greater sense of themselves, others, and their environment. ”

Mrs Nancy Inglis, mother of Ned and Harry Petch







## Glengarry – Scots Outdoor Education Program

Since 1988, The Scots College Glengarry program has provided defining moments for generations of boys, who emerge stronger, wiser, more resilient and more self-confident for the Scots Glengarry experience.

The Glengarry program is the only one of its kind in Australia. Glengarry's two term residential program is an expansive experience which accelerates boys' social development. In a new environment absent of electronic media (mobiles, TV and computer games), boys are awakened to more of themselves and their capabilities, away from everyday environments. The Glengarry experience helps boys focus during their adolescent years and is renowned as a rite of passage into manhood.

“Glengarry provides experiences of excellence, team spirit and adventure, which challenges boys to fully realise their inner strengths and individual resources, providing a platform for them to flourish in life”

Dr Ian PM Lambert, Principal



Founding Principal Graeme Renney knew that exposing boys to the natural environment and creating opportunities for them to be challenged physically, spiritually, emotionally, socially and academically in the context of the outdoors, would develop boys in a distinct manner that would set Scots boys apart.

Located in the pristine Kangaroo Valley, two hours south west of Sydney, Glengarry provides a learning environment in which boys discover the tools they need to grow into fine young men.

The Scots College honours the learning and adventures of boys, providing experiences of excellence to extend boys and build their strength of character.

Glengarry is cornerstone to this philosophy and forms a defining chapter for Scots boys as they grow into fine men.

This is the heart of The Scots College's Glengarry Outdoor Education Program.





## Transformation through experience

All education has some form of experience at its core; what sets Glengarry apart, is an approach which brings the educational experience to life, by aligning learning outcomes with the actual experience of learning. By placing boys at the centre of authentic, immersive challenges, boys at Glengarry are motivated to actively navigate through educational experiences with direct consequences and lifelong application.

When they are tested and stretched towards the edges, and even beyond their belief about what they can accomplish, boys develop a greater awareness of their own inner resources and gain immediate feedback about the importance of self-discipline, resilience, communication, cooperation and teamwork.

“At Glengarry, Brave Hearts Bold Minds crystallises as more than a motto in the boys’ lives, serving to inspire them to take responsibility for their learning, achieving their goals and to engage with others in a new adult world.”

Brave Hearts Bold Minds, 2017





## Boys will experience The Long Journey Home

The Long Journey Home is the concluding hike that the boys take as they complete their time at Glengarry. The trip takes the boys all the way from Kangaroo Valley to Bellevue Hill.

This trip is over 200 kilometres in length and involves mountain biking, hiking, canoeing and a ferry ride from Bundeena to Rose Bay. The relational aspect of this event means that the entire staff at Glengarry are involved in the farewell ceremony of handing the boys back to their families and the staff at Bellevue Hill in a rites of passage tradition of reconnecting with those who will assist them in their ongoing journey to manhood.

“Glengarry offers boys a life changing opportunity in which boys are challenged physically, emotionally and mentally. The positive growth that boys experience is invaluable and inexpressible.”

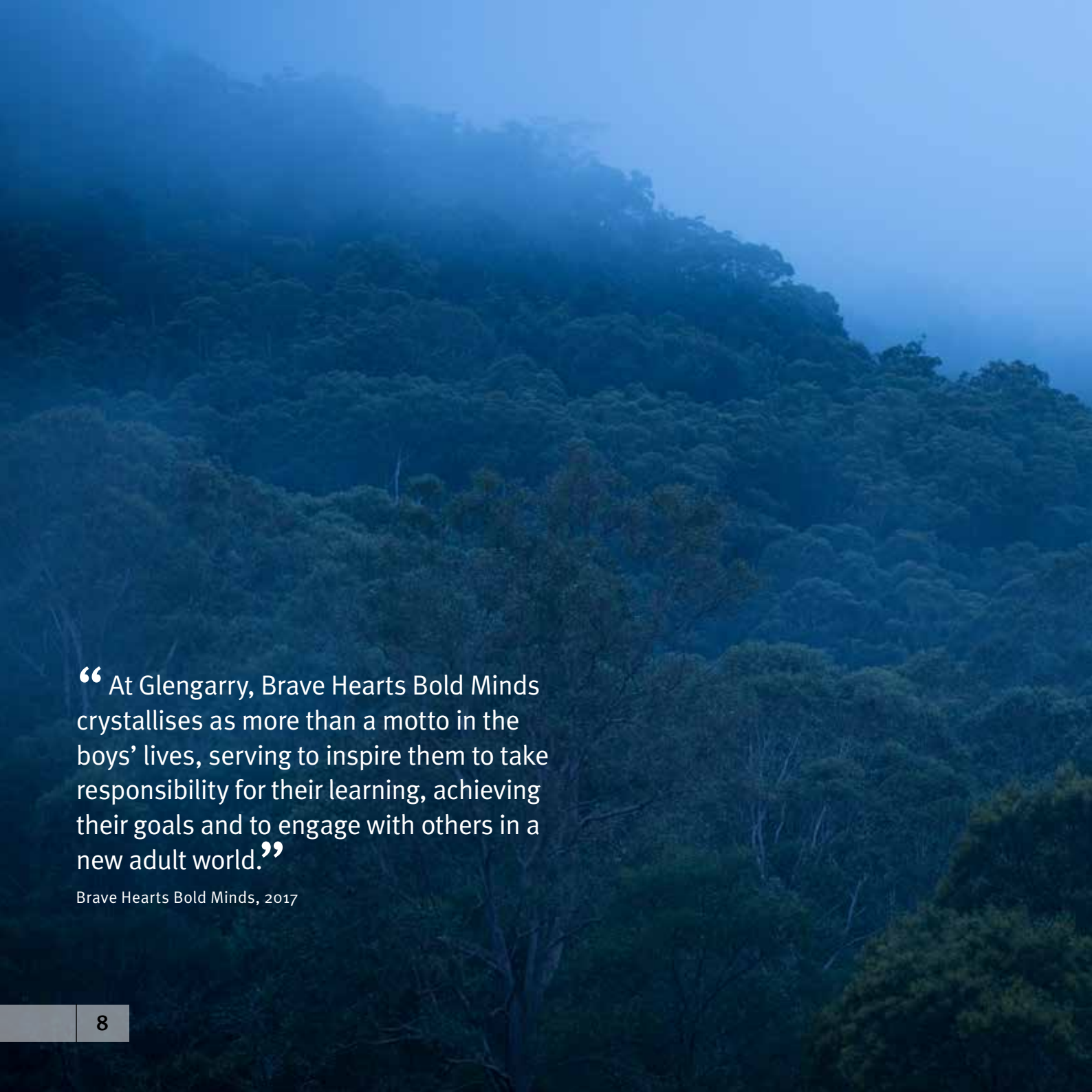
Dr Ian PM Lambert, Principal



## At Glengarry Scots boys discover ...

- Personal strengths through experiential learning opportunities spanning all academic curriculum areas.
- The value of our environment first hand. Located in a region renowned for its high biodiversity value, housing an abundance of native flora and fauna, Glengarry is the ideal science classroom.
- The benefits of healthy eating and exercise.
- An expanded world-view without mobiles, tv and limited internet access.
- An enriched bond with their family through letter correspondence and family visits.
- New skills and an improved ability to focus which strengthens their academic learning outcomes.
- How to face their fears and enter 'the challenge zone', extending themselves into new territories.
- How to live with others in a community of their peers in a two term residential stay in which lifelong friendships are formed.
- A deeper understanding of Christian values and teaching in relation to God, the world and the environment, and their relationship to them.





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Brave Hearts Bold Minds, 2017







## Strength born of teamwork, persistence and camaraderie

Boys who are confronted with challenges that take them beyond their comfort zones, discover new strengths and capabilities. Glengarry's Lifestyle Leadership Program encourages boys to persevere week after week on long term goals, emerging with strength and stamina they didn't know they had.

Glengarry has the highest level of NARTA (National Accommodation, Recreation, and Tourism Accreditation Incorporated) accreditation with extensive state-of-the-art safety and risk management procedures.

The Glengarry outdoor education activities include:

- Run and ride program
- Climbing and abseiling
- Camping – living off the land
- Canoeing and kayaking
- Orienteering
- Hiking
- Caving
- Mountain biking
- Community Service





## Life at Glengarry

Year 9 Scots students board at the Glengarry campus for one semester with their peers. They are cared for by their dorm masters, teachers, catering staff and nurses under the watchful eye of the Glengarry Director.

The boys' weekly schedule engages an intense academic program, featuring double periods and a focus on the key learning areas. In addition, the Outdoor Education Program aims to foster skills such as self-discipline, goal setting and achievement while addressing learning outcomes from across the curriculum.

During the program the boys enjoy the benefits of healthy eating and exercise – the keys to optimum health. Boys set themselves exercise regimens and long term goals and eat delicious nutritious food, forming healthy habits for the future.

Boys correspond by letter with their families for the entire duration of their time at Glengarry. Lifelong memories are formed when parents participate in the Glengarry weekend visits and parent hikes. The parents inclusion in the program is a deliberate relationship building exercise in their sons journey in becoming a man.



## One day at Glengarry ...

For Glengarry boys, the allure of life in Kangaroo Valley partly stems from the notion that no two days are ever the same. We strive for a balance between a rigorous routine of weekday academic studies, domestic and social responsibilities and extraordinary sporting and co-curricular activities. With the exception of Wednesdays a typical weekday at Glengarry will encompass the following:

6:15am	MOD Prep
6:30am	Wake up and Fitness
7:15am – 7:30am	Dorm Clean
<b>7:45am – 8:30am</b>	<b>Breakfast</b>
8:30am – 9:30am	P1
9:30am – 10:30am	P2

### **10:30am – 10:45am**

10:45am – 11:45am

11:45am – 12:45pm

### **12:45pm – 1:30pm**

1:30pm – 2:30pm

2:30pm – 3:30pm

### **3:30pm – 3:45pm**

3:45pm – 5:15pm

### **5:45pm – 6:30pm**

6:30pm – 7:45pm

### **7:45pm – 8:00pm**

8:00pm – 10:00pm

### **Morning Recess**

P3

P4

### **Lunch**

P5

P6

### **Afternoon recess**

Free Time or Run/Ride

### **Dinner**

Evening Class/Study

### **Supper**

Bed Down





## Location – Kangaroo Valley

Glengarry is located two hours south west of Sydney in the small country town of Kangaroo Valley, midway between Moss Vale and Nowra.

Much of Kangaroo Valley falls within the boundaries of Morton National Park, one of the largest parks in NSW, about 140 km south west of Sydney.

Kangaroo Valley was part of the tribal lands of the Wodi-Wodi Aborigines. In 1817, Charles Throsby, an

explorer and Captain Richard Brooks, a cattleman, opened up the area for white settlement.

The Valley's creeks, rivers and lush rainforest are enveloped by the magnificent escarpments, making it one of only seven true valleys in the world, rich in biodiversity and populated by iconic Australian marsupials.



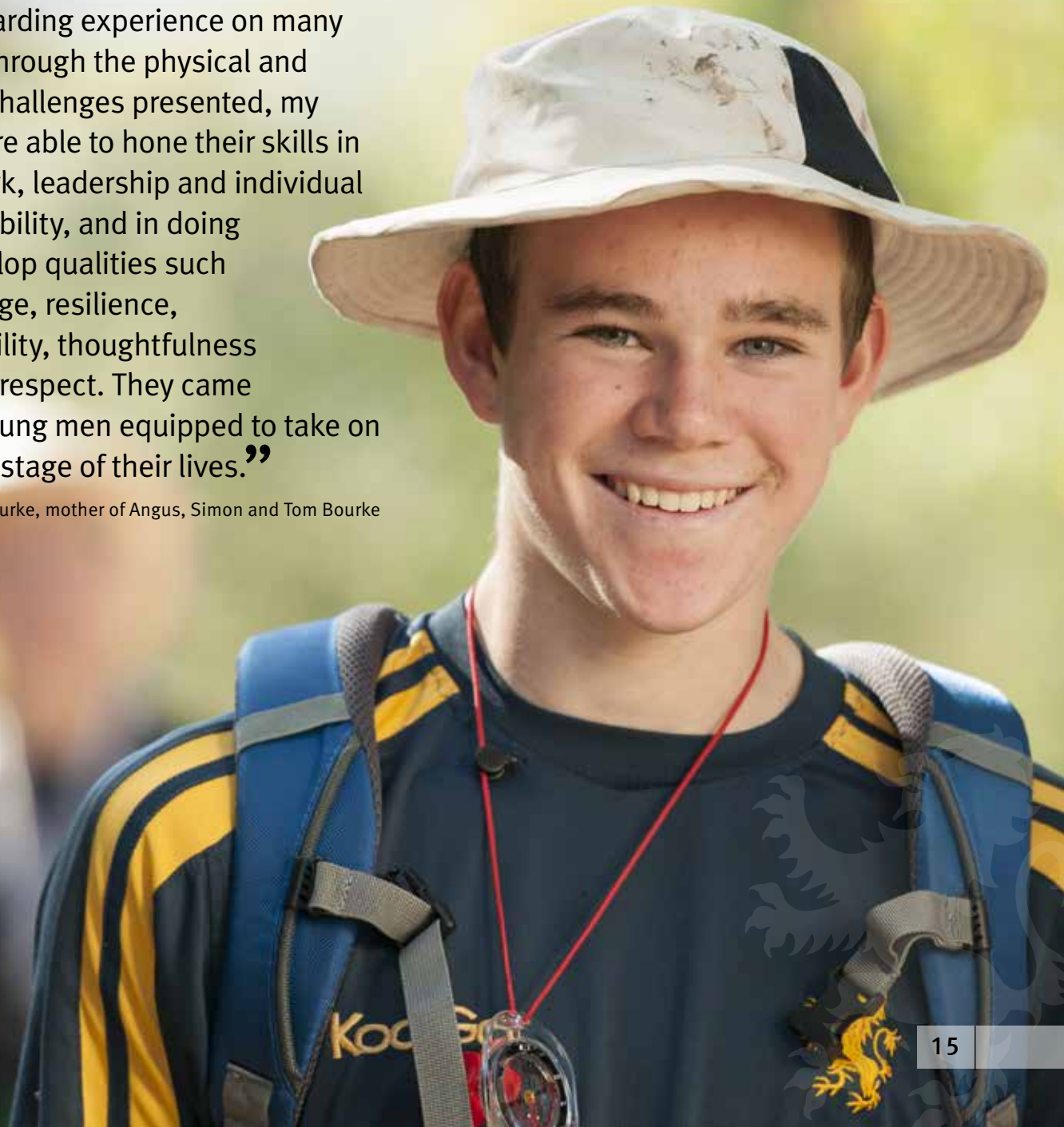
- 1** Administration
- 2** Clinic
- 3** Dining Hall
- 4** Classrooms
- 5** Gymnasium
- 6** Mountain Bike Pump Track
- 7** Dormitories
- 8** Rugby Oval
- 9** Library
- 10** Theatrette
- 11** Music Rooms
- 12** Facilities
- 13** Staff Accommodation





“Glengarry has been a valuable and rewarding experience on many levels. Through the physical and mental challenges presented, my sons were able to hone their skills in teamwork, leadership and individual responsibility, and in doing so, develop qualities such as courage, resilience, adaptability, thoughtfulness and self-respect. They came home young men equipped to take on the next stage of their lives.”

Mrs Susan Bourke, mother of Angus, Simon and Tom Bourke



# Scots boys grow into fine men



Glengarry

For more information visit [www.tsc.nsw.edu.au](http://www.tsc.nsw.edu.au)

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